



BUY A MATTRESS  
★ HELP A ★  
VET

When we help our vets,  
we can all sleep better.

SEE OUR  
AD ON  
PAGE 7

# Great Falls CONNECTION

The crowd during the Concerts on the Green at the Great Falls Village Green on Sunday, June 23, 2019.

## Senior Living

PAGE 6

# Summer High Notes On the Green in Great Falls

NEWS, PAGE 8

## Breaking Ground for Leesburg Pike Improvements

NEWS, PAGE 5

## Great Falls Residents Fired Up on School Issues

NEWS, PAGE 3

PHOTO BY STEVE HIBBARD/THE CONNECTION  
OPINION, PAGE 4 ♦ ENTERTAINMENT, PAGE 12 ♦ CLASSIFIEDS, PAGE 14

PRSR STD  
U.S. POSTAGE  
PAID  
EASTON, MD  
PERMIT # 322  
POSTAL CUSTOMER  
ECR WSS  
ATTENTION POSTMASTER:  
TIME SENSITIVE MATERIAL  
REQUESTED IN HOME 6-27-19

## NEWS

### Area Schools Recognized for Highest Achievement, Continuous Improvement

The Virginia Board of Education recognized 19 FCPS schools for high student achievement or continuous improvement under the board's new exemplar performance school recognition program. The exemplar performance school recognition program is aligned with the Board of Education's revised accreditation standards and replaces the Virginia Index of Performance recognition program.

Forestville Elementary, Thomas Jefferson High School for Science and Technology, and Wolftrap Elementary were recognized for earning the 2019 Board of Education Highest Achievement Award. They were among 52 schools statewide to earn the award. To earn the Board of Education Highest Achievement Award, a school must earn a state accreditation rating of Accredited, and meet the following benchmarks:

- \* 70 percent pass rate on state assessments in science and mathematics.

- \* 75 percent pass rate on state assessment in English reading and writing.

- \* No more than a five percent gap (for schools with two student groups) or a 10 percent gap (for schools with three or more student groups) in English reading and writing between the lowest-performing group and all other students in the school.

- \* No more than a five percent gap (for schools with two student groups) or a 10-percent gap (for schools with three or more student groups) in mathematics between the lowest-performing group and all other students in the school.

The Board also recognized 16 FCPS schools with the Board of Education Continuous Improvement Award, which recognizes a school that has earned a state accreditation rating of Accredited or Accredited with Conditions and meets at least one of the following benchmarks for improved performance on accreditation-related school quality indicators:

Schools earning the Board of Education Continuous Improvement Award include: Bailey's Upper Elementary School for the Arts and Sciences, Bryant High, Centreville High, Edison High, Fairfax County Adult High, Frost Middle, Herndon High, Hutchison Elementary, Justice High, Kilmer Center, Kings Park Elementary, Lake Braddock Secondary, London Towne Elementary, Madison High, Mountain View High and Stenwood Elementary.

"I congratulate all the students, teachers, support staff, and administrators at these Fairfax County Public Schools for earning state recognition for academic achievement and improvement," said Superintendent Scott S. Brabrand.

"These awards highlight the outstanding work being done in schools across the county in achieving our goals of providing an excellent and equitable education for every FCPS student. I am also pleased that the Board of Education is recognizing schools that have not been recognized previously but have made consistent gains in academic achievement and also have succeeded in reducing absenteeism and dropout rates."

**C'MON, BE HONEST.  
WHAT WOULD YOU  
RATHER BE DOING  
THIS SUMMER?**



CALL US TODAY FOR A  
FREE ESTIMATE:

**703-684-7702**

[www.techpainting.com](http://www.techpainting.com)



**garai**  
ORTHODONTIC  
SPECIALISTS  
BracesVIP.com



**Dr. Allen S. Garai**

- Specialist in Orthodontics
- Diplomate, American Board of Orthodontics (Board Certified)
- VIP Top 1% Invisalign Provider
- Attending Faculty - Orthodontic Department Children's Washington Hospital
- Over 15 years teaching orthodontics and private practice

**"BEST ORTHODONTIST"**  
Washingtonian Magazine  
Family Living Magazine

**"TOP ORTHODONTISTS"**  
Northern Virginia Magazine  
Virginia Living  
Health & Beauty Magazine



- Orthodontic specialist for the entire family
- The American Association of Orthodontics recommends seeing an orthodontist at age 7

**Schedule your Complimentary  
Consultation Today!**

Vienna  
427 Maple Ave West  
Vienna, VA 22180  
BracesVIP.com  
(703) 281-4868



Great Falls  
9912D Georgetown Pike  
Great Falls, VA 22066  
BracesVIP.com  
(703) 281-4868

## Great Falls Residents Fired Up on School Issues

**GFCA hosts meeting with School Board's Jane Strauss.**

BY ANDREA WORKER  
THE CONNECTION

**R**etiring Fairfax County School Board member Jane Strauss, who represents the Dranesville District, had her hands full when she met with a standing-room-only crowd at Forestville Elementary in Great Falls on Wednesday night, June 19. The school cafeteria had been set to accommodate about 250 attendees, but before the 7:30 p.m. kick-off by Great Falls Citizens Association President Bill Canis, school staff had already added about 30 more chairs, and there were still attendees lined up along the walls, including Del. Kathleen Murphy (D-34), whose constituency includes Great Falls and McLean.

"We were pretty sure we would get a sizeable crowd," said Canis. "It's a hot topic in the community."

The subject matter that brought in the overflow audience was how the Fairfax County Public Schools (FCPS) Board was considering addressing school overcrowding in the county in general, but particularly at McLean High School, already at 115 percent capacity – and how any proposed solutions might affect Langley High School, which currently operates at less than 85 percent of its student capacity.

There were residents from both areas in attendance, interested to hear what Strauss had to say, and in some cases, looking to debate her remarks.

**STRAUSS** has supported a limited boundary study to move students from Longfellow Middle School and McLean High School to nearby Cooper Middle School and Langley High School in the Langley school pyramid, but noted that any changes would not be scheduled for implementation until the 2020 school year, allowing more time for planning and public engagement with parents.

Other school board members were less enthusiastic about the solution, cautioning against "spot boundary changes" rather than a study and a plan that took into account the capacity situations and projected enrollment trends for the entire county. Ultimately, the proposed changes were not included in the FCPS's adopted Capital Improvement Program (CIP).

The evening's two-hour planned agenda was slated to be about 50 percent a presentation by Strauss on the FCPS current CIP, including some background on the school system, the methodology on school constructions and improvement to existing facilities, and some of the state statutes and federal legislation that directs the FCPS activities, followed by an equal amount of



PHOTOS BY ANDREA WORKER/THE CONNECTION

**Fairfax County School Board member Jane Strauss takes questions from audience members who lined up to ask them and make comments at a standing-room-only, town hall-style meeting on topics like school boundaries and school overcrowding.**

Q & A time.

In addition to answering questions, Strauss said that she was also "here to listen" and added that public commentary during the second half of the session was more than welcome.

Getting to that organized public engagement portion of the program proved to be a bit problematic when halfway through her presentation, audience members began to call out questions and make comments.

Five minutes before the first outburst, Strauss had received hearty applause when she declared that "no one is being pushed out of Langley High School [to make room for students from overcrowded McLean]."

Internal facility improvements are the first line of combat against overcrowding, explained Strauss. Additional trailer-classrooms, while not ideal, and additions to existing buildings are then considered, if the first alternatives are not enough to mitigate the situation.

"The bricks and mortar solution is the last solution," she insisted, noting that "schools follow development, not the other way around." With the cost of a new school coming in at an estimated \$170 million, excluding land costs, "building a new school is a last resort," a decision requiring years of in-depth study and planning and budgeting.

Strauss added that in her 26 years on the school board, including three terms as its Chair, she has never seen a new school that did not already have "full enrollment before the doors opened."

Soon after these comments, however, one audience member began to argue with the representative that the county's "One Fairfax" policy might harm communities like Great Falls, if the mission was to "simply



**It was a full house – and then some – at the meeting between area residents and FCPS school board member Jane Strauss, who represents the Dranesville District. The capacities at Langley and McLean high schools – both in Strauss' area of responsibility – were the hot topics of the night.**

diversify," and attempt to "fix failures in other school pyramids at our expense."

One Fairfax was adopted jointly by the Fairfax County Board of Supervisors and the FCPS Board in 2017, committing both boards to consider equity in decision-making and in the development and delivery of future policies, programs and services.

"You're retiring," shouted out one individual. "How can we even believe you? You have nothing to lose."

Some parents expressed concern that Langley students might be forced to move to other schools like Herndon High School. Strauss reiterated her statement that "no one is being asked to move from Langley, busing is not a consideration. Breaking up the school or busing students doesn't make any sense."

Strauss got the meeting back on track and finished her presentation, showing the audience how to track school metrics from academic performance to enrollment numbers and projections on the same into the future.

Even before she clicked off the PowerPoint, the line of people to ask questions and make comments had already formed.

One Fairfax came up again, almost immediately. Despite Strauss's earlier response, the one audience member wasn't ready to let go of the issue, telling the story of her own family's immigration to the United States, and asking why we should be asked to spend our resources on the education of the children of undocumented immigrants. Her remarks split the room – loudly – both in agreement and objection.

Strauss calmly answered that not only was it "the right thing to do" but it was a decision already decided on by the Supreme Court.

"It is our duty to provide equal educational opportunities to all children in our jurisdiction, regardless of any status or differences, religious, ethnic, gender, income, legal status, or ability." She added that the School Board was also specifically charged

with doing nothing to create pockets of segregation along any of those lines.

**A FEW OTHERS** also voiced concerns that One Fairfax would be implemented to the benefit of some but the detriment of others.

Great Falls resident Margaret McCreary chastised Strauss and the school board for "discussing One Fairfax while neglecting education and other issues of importance." McCreary cited a school board meeting which she had viewed online where "there was no mention of academics. The only concern seemed to be about diversity."

The Fairfax County Board of Supervisors and School Board separately adopted the joint social and racial equity policy called One Fairfax in November 2017. "This joint policy commits both boards to consider equity in decision-making and in the development and delivery of future policies, programs, and services," says the FCPS website. "One Fairfax offers a framework to look intentionally, comprehensively, and systemically at barriers that may be creating gaps in opportunity."

The parent of a Forestville Elementary student, McCreary brought up statistics and concerns by law enforcement personnel about gang recruitment in Fairfax County schools. "Yet there was no mention of that in the meeting, nor any talk about the personal safety of our kids in school," she concluded to applause.

Several of the comments dealt with a proposed change to FCPS Policy 8130-7 – the regulation guiding the "closing or consolidation of school facilities, as well as adjustments of school attendance areas" and the engagement of the public in such decisions. Possible changes, meant to streamline the study of boundary changes and other improvements, had been discussed at an earlier board meeting, but the topic was shelved until a July meeting.

SEE SCHOOL BOARD. PAGE 11

## Campaign Finance Reform? Yes

Surprise! “No limits” can stimulate large amounts of campaign cash for many kinds of candidates and from many kinds of donors.

Virginia is one of 11 states (Alabama, Indiana, Iowa, Mississippi, Nebraska, North Dakota, Oregon, Pennsylvania, Texas, Utah, and Virginia) that impose no contribution limits on individual donors, says the National Conference of State Legislatures. The other 39 states restrict the amount of money that any one individual can contribute to a state campaign.

### EDITORIAL

But Virginia has no limits. No limits on what any individual can give to a candidate. No limits on what a state party can give to a candidate. No limits on what a PAC can give to a candidate. No limits on what a corporation can give to a candidate. No limits on what a union or employee organization can give to a candidate.

Only Utah, Oregon, Nebraska, and Alabama impose literally no limits as Virginia does.

Virginia’s General Assembly, and established candidates, usually the primary beneficiary of this permissive environment for contributions, have chosen this stance deliberately. Supporters often cite disclosure requirements as somehow making unlimited campaign cash OK.

More money doesn’t always lead to success for a candidate. The following information on contributions comes from Virginia Public Access Project.

Tim Chapman loaned \$845,094 to his own campaign seeking the Democratic nomination for chairman of the Board of Supervisors. Chapman also lost because even with all that money to get his message out, apparently his message did not resonate with voters. Jeff McKay, who won the Democratic nominee for chairman of the Board of Supervisors. McKay raised \$448,443.

Maggie Parker, running for the Democratic nomination for Hunter Mill supervisor, had

more than twice as much in contributions than the winning candidate. But more than half of her cash contributions, more than \$90,000, came from her employer, Comstock Partners, developer with multiple projects in Hunter Mill. Parker finished fourth out of five candidates.

Steve Descano ran on a platform of criminal justice reform. He loaned himself \$25,000 and received support from family. He also received more than \$450,000 from the Justice and Public Safety PAC; VPAP lists its business as “Democrat Advocacy.”

Descano won his challenge over Commonwealth’s Attorney Ray Morrogh, who was facing his first challenge and had \$242,011 in contributions. Descano’s message of progressive reform resonated with voters who turned out to vote.

Yes, let’s have campaign finance reform and sensible limits on donations.

## Making Suicide Prevention a Priority

BY MICHAEL BALLARD

Every 28 seconds someone makes a suicide attempt.

My first experience with suicide was in 1963 when I was 17. A teacher pulled me aside: “Ballard, your mother called. Your uncle killed himself this morning.” He turned around and walked off. I wanted to scream. My

Uncle Ashby was my hero — a UVA boxer, decorated vet, successful dentist, proud father of three beautiful daughters, and great athlete.

Why would he kill himself?

Since Ashby’s death, I’ve asked the question too often. A college classmate died of suicide. A neighbor I babysat had a hunting “accident” alone in the woods. A former girlfriend died of suicide. Two former employees, wonderful, sensitive, creative individuals, took their own lives.

Two siblings have attempted. Several times. I worry about them every day.

I wish I could end here, but two years ago when I was in California for the national Out of the Darkness Overnight Walk for Suicide Prevention, my daughter called. My grandson, 12 at the time, was having a mental health crisis and had just entered a psychiatric hospital. We learned he’d been wrestling with demons for over a year. They were telling him he was worthless — didn’t deserve to live.

My daughter and son-in-law are two of the finest, most loving and supportive parents I have ever seen. My grandson is a boy’s boy — soccer, basketball, baseball, now Lacrosse, wrestling, and trumpet — and a good student, loved by everyone. Yet he didn’t feel life was worth living. Today, he has a good counselor and support group, and has learned survival skills. But we keep a watchful eye and listen carefully.

These are the reasons why, on June 9th, I will be on Capitol Hill meeting with Rep. Wexton and Senators Kaine and Warner to urge them to make suicide prevention a top legislative priority.

I will be asking them to support:

1. Increased funding for suicide prevention research within The National Institute of Mental Health to a level commensurate with the suicide crisis in our country;
2. Strengthened reporting requirements for mental health parity;
3. Full funding of the National Suicide Prevention Lifeline;
4. Maintaining Service member and Veteran suicide prevention as a national priority.

In my meetings, I will be a voice for suicide prevention. I will be joined by passionate community leaders of the ever-growing movement of people who care about preventing suicide because they too have been

affected by suicide. You can join us by calling your member of Congress and asking them to make suicide prevention the priority it deserves to be.

*The writer is a resident of Great Falls, Former Chair, Suicide Prevention Action Network USA and Board Member, American Foundation for Suicide Prevention.*

### LETTERS TO THE EDITOR

## Virginia Needs Congress to Fight Alzheimer’s

To the Editor:

I lost my Dad and my Grandmother (his mother) to Alzheimer’s. Both were diagnosed in their 50s. My Dad was 68 when he died. This disease is always fatal. We must find a cure or a way to prevent this horrible disease.

Nearly 5.8 Million Americans are living with Alzheimer’s disease nationwide and 16 million serve as unpaid Alzheimer’s caregivers,

according to the 2019 Alzheimer’s Association special report. Among them are the 150,000 living here in Virginia and their 465,000 caregivers.

Today, I am urging U.S. Rep. Gerry Connolly to cosponsor the Improving HOPE for Alzheimer’s Act (S 880/HR 1873). This piece of bi-partisan legislation will educate clinicians on care planning services available under Medicare and on the care planning billing

code that was originally established under the original Hope for Alzheimer’s Act.

The state of Virginia needs your help, Congressman Connolly. Please support this crucial bill and bring us one step closer to a world without Alzheimer’s disease.

**Michelle Alonso**  
Alzheimer’s Association  
Ambassador  
Vienna

**Write** The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors.  
Send to:

Letters to the Editor  
The Connection  
1606 King St.  
Alexandria VA 22314  
By email:  
editors@connectionnewspapers.com

www.ConnectionNewspapers.com

An independent, locally owned weekly newspaper delivered to homes and businesses.

Published by  
Local Media Connection LLC

1606 King Street  
Alexandria, Virginia 22314

Free digital edition delivered to your email box. Go to  
connectionnewspapers.com/subscribe

NEWS DEPARTMENT:  
greatfalls@connectionnewspapers.com

**Kemal Kurspahic**  
Editor ♦ 703-778-9414  
kemal@connectionnewspapers.com

**Andrea Worker**  
Contributing Writer  
aworker@connectionnewspapers.com

**Jean Card**  
Production Editor  
jcard@connectionnewspapers.com

ADVERTISING:  
For advertising information  
sales@connectionnewspapers.com  
703-778-9431

**Salome Howard-Gaibler**  
Display Advertising  
703-415-5394  
salome@connectionnewspapers.com

**Debbie Funk**  
National Sales  
703-778-9444  
debfunk@connectionnewspapers.com

**David Griffin**  
Marketing Assistant  
703-778-9431  
dgriffin@connectionnewspapers.com

**Classified & Employment Advertising**  
703-778-9431

**Editor & Publisher**  
Mary Kimm  
mkimm@connectionnewspapers.com  
@MaryKimm

**Executive Vice President**  
Jerry Vernon  
703-549-0004  
jvernon@connectionnewspapers.com

**Editor in Chief**  
Steven Mauren  
**Managing Editor**  
Kemal Kurspahic  
**Art/Design:**  
Laurence Foong, John Heinly,  
Ali Khaligh  
**Production Manager:**  
Geovani Flores

CIRCULATION  
circulation@connectionnewspapers.com





PHOTO CONTRIBUTED

Local and State officials and partners at groundbreaking.

## Breaking Ground for Leesburg Pike Improvements

Officials broke ground Thursday, June 13, on almost seven miles of transportation improvements coming to Leesburg Pike (Route 7) designed to increase capacity, improve safety and traffic flow, and provide better mobility for cyclists and pedestrians.

The project includes adding a third lane to Route 7 in each direction from Reston Avenue to Jarrett Valley Drive in Tysons, building shared-use paths

along both sides, replacing and raising the bridge over Difficult Run, adding a pedestrian underpass for Colvin Run Mill Park access, as well as making other substantial intersection, bicycle and pedestrian improvements along the corridor.

One of the first milestones, a new triple-left turn from westbound Route 7 to southbound Baron Cameron Avenue, is expected to be complete by late August 2019. The entire project is scheduled for completion in summer 2024.

**MAIN STREET HOME IMPROVEMENT**  
Siding - Decks - Roofing - Windows - Patios

**(703) 587-7762**

**Residential & Commercial Remodeling**

[www.mainstreet-home-improvement.com](http://www.mainstreet-home-improvement.com)

Based in Vienna, VA  
**Quality Builds Trust**

License #2705146711



Past issues of

**THE CONNECTION**  
NEWSPAPERS

back to 2008  
are available at

<http://connectionarchives.com/PDF>

# ADVANCE HERE.

## Take your career anywhere.

**Environmental Programs at JOHNS HOPKINS in DC**



**JOHNS HOPKINS**  
KRIEGER SCHOOL  
of ARTS & SCIENCES

ADVANCED  
ACADEMIC  
PROGRAMS

LEARN MORE AND APPLY ONLINE  
[ADVANCED.JHU.EDU/ENVIRONMENTAL](http://ADVANCED.JHU.EDU/ENVIRONMENTAL)

1717 MASSACHUSETTS AVE. NW, SUITE 101  
WASHINGTON, DC 20036 | 1.800.847.3330 | 202.452.1940

## Senior Living

# A Difficult Conversation

Talking to loved ones about Alzheimer's Disease

BY MARILYN CAMPBELL  
THE CONNECTION

After witnessing the slow decline of family members with Alzheimer's and other forms of dementia, Ana Nelson knows the importance of early recognition of signs of the disease and enacting a plan as early as possible. During the month of June, Alzheimer's & Brain Awareness Month, Nelson who is Vice President of Programs and Services with the Alzheimer's Association National Capital Area Chapter, is working to encourage family members who notice signs of cognitive decline in a loved one, to have open dialogue, no matter how difficult.

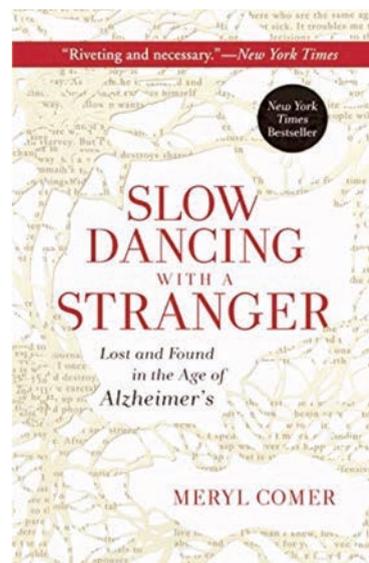
"You're always thinking that your parents or loved ones are going to be around for a long time, but we're talking about a disease where there's no way to stop it or cure it," said Nelson. "Alzheimer's is a progressive and incurable disease. You need to have the conversation as soon as you notice symptoms so that you can plan for it. Families sometimes wait too."

A new survey released by the Alzheimer's Association reveals that nearly 9 in 10 Americans say that if there were experiencing signs of cognitive decline they would want their loved ones to share their concerns. However, nearly three out of four Americans say talking to a close family member about such a decline would be challenging for them.

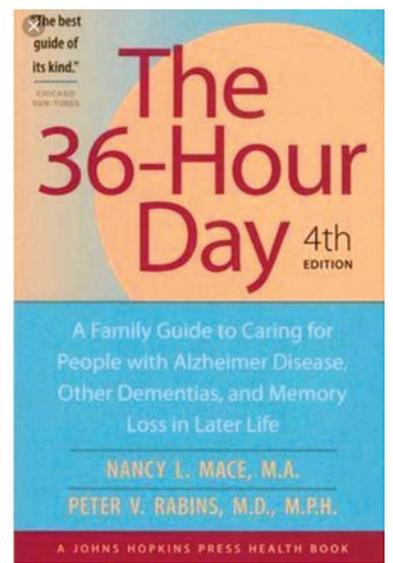
To offer ideas for closing that communication gap, Nelson points to a recently launched national campaign and partnership between the Alzheimer's Association and the Ad Council. The project, called "Our Stories" uses stories from real people who've noticed cognitive changes in a family member and initiated a conversation.

An early diagnosis allows families to plan both financially and legally for the future. Recognizing the signs of mental decline allows for a timely diagnosis. "The most common early symptom of Alzheimer's is difficulty in remembering recent events," said Jerome Short, Ph.D., Licensed Clinical Psychologist and Associate Professor of Psychology at George Mason University. "Later symptoms are getting lost, problems with language, mood swings, lack of self-care, impulsivity, or lack of motivation."

Before initiating a conversation, plan the way in which it might begin. "You can share what you have observed," said therapist Carol Barnaby, LCSW-C "For example, 'It seems you are having trouble with remembering some things' and give examples. You can ask, 'Is this frustrating for you? Have you noticed or



Among the resources recommended for those dealing with Alzheimer's are books entitled, "The 36 Hour Day" and "Slow Dancing with a Stranger."



### For Assistance:

The Alzheimer's Association offers help to families as they navigate challenges of the disease. They offer face-to-face conversations with local experts and a free 24/7 Helpline 800.272.3900. Additional resources can be found at alz.org.

spoken to your doctor?"

"I recommend being direct, yet warm and caring," added Joanne Bagshaw, PhD, Professor of Psychology at Montgomery College.

Offering comfort and support can make the conversation less daunting, "You might say, 'I'm beginning to feel concerned about your health because I've noticed that you are having some trouble with your memory lately'" said Bagshaw. "Have you noticed that as well? How can I support you?"

Even with advanced preparation the conversation might not go as planned, says Nelson. "This is a delicate issue that might require multiple conversations," she said.

Encourage the family member to seek medical advice for an accurate diagnosis, suggests Barnaby. "Some mental confusion can be caused by certain medications, so it isn't always dementia," she said.

Be flexible realizing the conversation might not go as planned and raise concerns subtly. "Ask them if they have any concerns," said Barnaby. "You might say, 'I have been wondering how you are doing.

You haven't seemed your usual self. I am wondering if you have noticed anything."

The Alzheimer's Association offers resources and assistance to those living with Alzheimer's and their families, says Nelson. "We are just a phone call away," said Nelson. "We offer help 24 hours a day, seven days in week and in more than 200 languages. It doesn't have to be a crisis situation. You can call even if you just need help."

## HAIL DAMAGE

**Dear Homeowner:**

If you live in Northern Virginia, your siding and perhaps your roof and gutters may have been damaged by recent hailstorms. Locally based **Wadden Construction**, insurance replacement specialists for the past 15 years, has helped thousands of residents with their damage claims. If your home has hail damage, you may be entitled to a combination of a new roof, gutters and complete wrap of your home with a quality vinyl product.

The damage to the siding appears as indentations ranging from pea size to quarter size. The pea size dents are difficult to see without a trained eye. So please do not dismiss this letter if you cannot see the damage, as practically every home in your area was hit by hail. You may have damage and not even known it. Whatever the size, you may indeed be entitled to a complete vinyl wrap of your home.

Not all siding and Roofing products are created equal. Wadden Construction, **PREFERRED CONTRACTOR FOR NORANDEX and CERTAINTED**, is proud to use the Norandex Sagebrush (.050) the thickest vinyl siding on the market, and the Certainteed Landmark Lifetime warranty Architectural shingle.

**Please call Wadden Construction at  
(703) 641-0171**

**For a FREE Inspection**  
VA Contractor License #2705-056733

## REACH YOUR ONLINE AUDIENCE

**CALL 703.778.9431 TO GET STARTED**

The Connection you know and trust now offers advertising online with Google. Our display ads can help you promote your business when people are browsing online, watching YouTube videos, checking Gmail, or using mobile devices and apps.

Choose the number of times your ad will be shown to your demographically targeted audience. Each time your ad appears on news websites, sport sites, blogs, YouTube, etc., it's counted as one impression:

- 35,000 impressions: \$350
- 50,000 impressions: \$500
- 75,000 impressions: \$750
- 100,000 impressions: \$950

**Email [sales@connectionnewspapers.com](mailto:sales@connectionnewspapers.com) for more info**

# BULLETIN

Submit civic/community announcements at [ConnectionNewspapers.com/Calendar](http://ConnectionNewspapers.com/Calendar). Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

## SOBER-RIDE FOR JULY 4

**Free Sober Rides.** Thursday, July 4, 7 p.m. through Friday, July 5, 2 a.m. Area residents, 21 and older, may download Lyft to their phones, then enter a code in the app's "Promo" section to receive a no cost (up to \$15) safe ride home. WRAP's Independence Day SoberRide promo code will be posted at 6 p.m. on July 4 on [www.SoberRide.com](http://www.SoberRide.com).

## VOLUNTEERS WANTED

**STEM Professionals Needed.** Volunteers are needed to assist K-12 STEM teachers in northern Virginia as part of the American Association for the Advancement of Science's STEM Volunteer Program, [stemvolunteers.org](http://stemvolunteers.org), during the 2019-20 school year, beginning in September. Please contact Don Rea at 571-551-2488 or [donaldrea@aol.com](mailto:donaldrea@aol.com).

## FRIDAY-SUNDAY/JUNE 28-30

**Women's Summit.** Tysons McLean Hilton, 7920 Jones Branch Drive, McLean. Speakers and workshops cover women in politics, education, equality, diversity, environment, healthcare, racial and social justice, reproductive freedom, public safety, rural economy, voting rights, and family friendly economy. \$139. Visit [networknova.org](http://networknova.org) for more.

## SATURDAY/JUNE 29

**Forum on Disability Inclusion.** 8:30 a.m.-12:30 p.m. at the Fairfax County Government Center, 12000 Government Center Pkwy, Fairfax. The Fairfax County Board of Supervisors and The Arc of Northern Virginia will host a Disability Inclusion Conference, which will include over 25 display tables, a panel discussion, and community breakout sessions on

topics such as employment, housing, public safety, social opportunities, and business-to-business tips for creating inclusive retail spaces. Coffee and a light breakfast will be provided. Free to attend. All members of the community are welcome. More information and registration is available at: [www.fairfaxcounty.gov/chairman/disabilityinclusionconference2019](http://www.fairfaxcounty.gov/chairman/disabilityinclusionconference2019).

## MONDAY/JULY 1

**Application Deadline.** Each year, the Community Foundation for Northern Virginia provides a grant opportunity to help public schools encourage healthy lifestyles through increased exercise and better nutrition. Grants up to \$2,000 are awarded in a competitive grant process. Public elementary, middle and high schools located in Northern Virginia are all eligible to apply. Visit [www.cfnova.org/for-grant-seekers/healthy-kids-grants](http://www.cfnova.org/for-grant-seekers/healthy-kids-grants) for more.

## TUESDAY/JULY 9

**Family Caregiver Telephone Support Group.** 7-8 p.m. Fairfax County's Family Caregiver Telephone Support Group meets by phone on Tuesday, February 13, 7-8 p.m. This month's topic is After Hospitalization: What's Next? Call 703-324-5484, TTY 711 to register.

## THURSDAY/JULY 11

**Caregivers Support Group.** 10-11:30 a.m. at UUCF Unitarian Universalist Congregation of Fairfax - Program Building, 2709 Hunter Mill Road, Oakton. For caregivers to adult family members with dementia. First and third Thursdays of every month. Hosted by Shepherd's Center of Oakton-Vienna, [scov.org](http://scov.org). Contact facilitator Jack Tarr at 703-821-6838 or [jtarr5@verizon.net](mailto:jtarr5@verizon.net).

## WEDNESDAY/JULY 17

**Fairfax Commission on Aging Meets.** 1-3

SEE BULLETIN, PAGE 15

# State Farm Insurance

## G. STEPHEN DULANEY

IN GREAT FALLS



AUTO • HOME • LIFE  
FINANCIAL SERVICES

Like A Good Neighbor, State Farm Is There.®

Open Saturdays  
Complementary Insurance and Financial Review

Visit [www.gstephendulaney.com](http://www.gstephendulaney.com)



703-759-4155

731-C WALKER RD. • GREAT FALLS, VA

State Farm Insurance Companies  
Home Office Bloomington, Illinois

Proud Supporter of Military Appreciation Mondays

# JULY 4TH SAVINGS

ON NOW!

Save\*

## 60%

Storewide

PLUS up to

## 5 YEARS

Zero Interest Financing\*

PLUS

## FREE Delivery\*

**Queen Storage Bed**  
Our #1 Best Selling Bed

**SALE \$899**

Satisfying your taste for vintage inspiration, this queen sleigh storage bed is elegant, without looking fussy.

Now through the end of July, buy a mattress and MARLO will donate a FREE mattress to a Veterans' homeless shelter\*

Family Owned Since 1955

[www.marlofurniture.com](http://www.marlofurniture.com)

ALEXANDRIA, VA  
5650 Gen. Washington Dr.  
(703) 941-0800  
ROCKVILLE | LAUREL | FORESTVILLE

\*Savings based on comparable pricing. Free local delivery with minimum purchase of \$1799 or more. For every mattress purchase of \$1299 or more, Marlo will donate a FREE mattress to a Veterans' homeless shelter. Financing offer applies only to single-receipt qualifying purchases made with your Marlo Furniture credit card 6/17-7/7/2019. No interest will be charged on promo purchase and equal monthly payments are required equal to initial promo purchase amount divided equally by the number of months in promo period until promo is paid in full. The equal monthly payment will be rounded to the next highest whole dollar and may be higher than the minimum payment that would be required if the purchase was a non-promotional purchase. Regular account terms apply to non-promotional purchases. New accounts subject to credit approval. Many special financing programs available. Offers valid 6/17-7/7/2019. See store for details.



PHOTOS BY STEVE HIBBARD/THE CONNECTION

The band Mars Rodeo performs.



Deb and Don Bouchoux of Great Falls with Elizabeth and Kate Burnette, 2, of Reston.

# Summer on High Notes on the Green in Great Falls

Concerts bring families, community together.

Pack up your picnic baskets, bottles of wine, and lawn chairs and head on over to the Concerts on the Green, where the band Mars Rodeo entertained a crowd of more than 100 people on Sunday, June 23, 2019, at the Great Falls Village Centre Green. Each Sunday night from 6 to 8 p.m. a new concert will be held at the Village Green from now through Aug. 11, 2019.

According to Chris Fraley of Keller Williams Realty of Great Falls, which sponsored Sunday's event: "We at Keller Williams always like to support our Great Falls community. I've raised three kids here and always want to keep that sense of family, and they have just fantastic events here all year round in this Village Centre to support families and communities in Great Falls, and that's very special to us at Keller Williams."

She added: "[The concerts] just bring everybody together. Most people in this area go out of town for the weekend, especially in the summer because it gets so hot. So, the Sunday night concerts are great because everybody comes back into town and then they just come here for a concert, a cocktail and some food."

— STEVE HIBBARD

## Summer Schedule

The schedule for the remainder of the summer is as follows:

The Alan Scott Band — Sunday, June 30

Oxymorons — Sunday, July 7

Jr. Cline and The Recliners — Sunday, July 14

The Unfinished — Sunday, July 21

Dr. Guy Van Syckle — Sunday, July 28

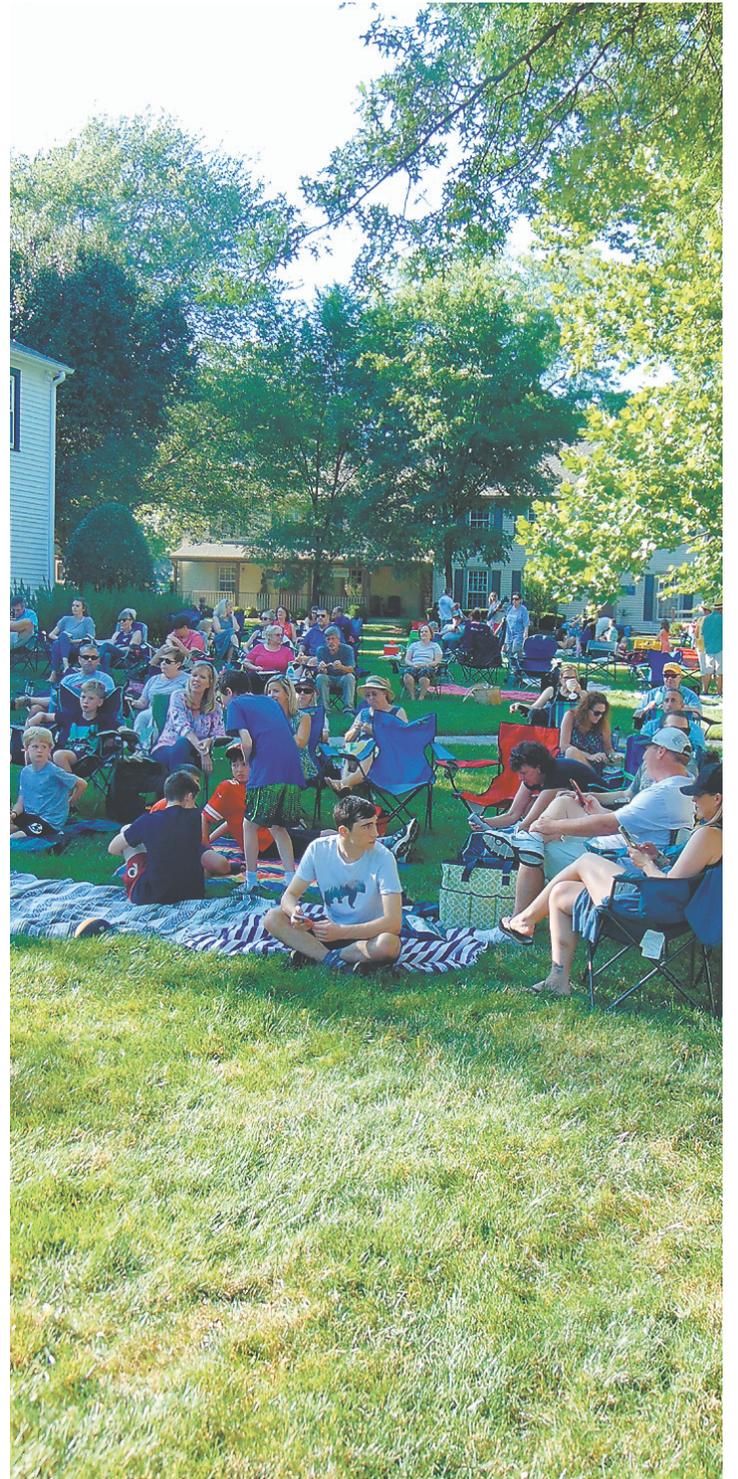
The Mike Terpak Blues Explosion — Sunday, August 4

Vinyl Invention — Sunday, August 11

For more information, visit <https://celebrategreatfalls.org/concerts-on-the-green>.



The Rounds family of Vienna before the start of the concert: dad Ryan, mom Christie, Nathan, 6.5, Stella, 4.5, and Ava, 1.



The crowd during the Concerts on the Green at the Great Falls Village Green on Sunday, June 23, 2019.



**Mom Lina, dad Sherif, Dana, 8, and twins Ramsey and Adam, 4, of Great Falls.**



PHOTOS BY STEVE HIBBARD/THE CONNECTION

**The band Mars Rodeo performs during the Concerts on the Green at the Great Falls Village Green on Sunday, June 23.**



**The Diorio siblings of Great Falls: James, 15, Abby, 20, and Kate, 18.**



# Back Again!

Come Celebrate Our Great Falls  
4th of July Fireworks  
at Turner Farm Park

This wonderful patriotic event is made possible by local support, donations and volunteers. This event is financed through citizens and business donations. Without you, this isn't possible.

Our Celebrate Great Falls Foundation & our Great Falls community say "Thank You!"

Our Diamond Sponsor:



America's Most Convenient Bank®

### Gold Sponsors

Dianne Van Volkenburg - Great Falls Great Homes  
Riverbend Capital  
Tyson's Bentley  
CBSI



### Silver Sponsors

The Rotary Club of Great Falls  
Costa Family & Cosmetic Dentistry  
AOG Wealth Management  
The Zdravecky Family/Stephen & Jessica Zdravecky

### Bronze Sponsors

D. Spencer Brudno, MD and Family	Rossen Landscape
The Johns Family	Roz Drayer, The Roz Drayer Team, TTR
Shelia & Thomas Rabaut	Sotheby's International Realty
Great Falls Creamery	The Canto Group, Glynis Canto &
Bic DeCaro, Westgate Realty Group, Inc.	Kevin Canto, Keller Williams Realty
Capital One Bank, Great Falls	The Old Brogue & Katie's
John Nugent & Sons, Plumbing & Heating	Coffee House
Keller Williams Realty, Great Falls	
McLean	



## THURSDAY, JULY 4TH FIREWORKS SCHEDULE

6:00 pm - Gates open at Turner Farm Park.

Kids enjoy a rock climbing wall, moon bounce, inflatable rides and a dunk tank. Food will be available from Mookie's BBQ, the Great Falls Creamery and more!!

MC and Music by DJ Megawatt

Approximately 9:20 pm - Fireworks display

VIP spots still available, donations are always welcome!

[www.CelebrateGreatFalls.org/Fireworks](http://www.CelebrateGreatFalls.org/Fireworks)



PHOTOS BY STEVE HIBBARD/THE CONNECTION

Vinson Hall residents enjoy lunch during the 50<sup>th</sup> Anniversary Party.



The Vinson Hall Board of Trustees with Dranesville Supervisor John Foust and Vinson Hall CEO Libby Bush (center).

# Vinson Hall Celebrates 50 Years

About 400 people turn out for retirement home anniversary party.

BY STEVE HIBBARD  
THE CONNECTION

With perfect 80-degree weather, a 50<sup>th</sup> Anniversary celebration was held for the Vinson Hall Retirement Community on Kirby Road in McLean on Saturday, June 22, 2019. The facility opened on June 23, 1969, with 283 apartments; and today it has roughly 400 residents — retired military and civil servants — and about 250 people who are employed there. The block party under tents included a barbecue feast, cornhole games and entertainment, a deejay, and remarks from Dranesville District Supervisor John Foust. To top things off, there was a big 50<sup>th</sup> anniversary cake and logo cookies for party giveaways.

According to Libby Bush, CEO of Vinson Hall: “Vinson Hall Retirement Community is home to almost 400 people – 400 people who have a military tradition and heritage. We also have DOD, FBI, CIA, Secret Service, Foreign Service, and we are also opened to anyone in our Arleigh Burke Pavilion, the Sylvestery, and our higher levels of residency.”

She continued: “We are so honored that all of those people call us home, and then we are grateful that almost 250 people call us their workplace. So, as a community, we come together every day to connect and to engage, and today is a beautiful sunny Saturday to do so celebrating our 50<sup>th</sup> anniversary.”

Guest speaker Dranesville District Supervisor John Foust raved about how much Vinson Hall does for the community. “The good work that Vinson Hall does underscores its commitment not just to the residents but to the broader community. The work done by Vinson Hall has enhanced the quality of life for those living in this campus; equally important it has also enhanced the quality of life to the community here at large,” he said.



About 400 people attended the Vinson Hall 50<sup>th</sup> Anniversary Party on Saturday, June 22, 2019, in McLean.



Marion Fontenot, a Vinson Hall resident, with her daughter-in-law Maite Fontenot.



From left, Vinson Hall residents Terry Burke, Jane Peak, and Cecile Cover.

He added: “From the beginning in 1969, as a home for Navy widows, Vinson Hall has expanded to include assisted living, nursing and short-term rehabilitation services at the Arleigh Burke, a memory support facility at Sylvestery and a new independent living facility. Congratulations. That is absolutely amazing.”

“You provide housing but you also provide programs and you do things for the

community that really make a difference. There’s the Wounded Warrior Transitional Housing Program that provides housing for wounded, ill or injured veterans who have been discharged from inpatient treatment who are attempting to reintegrate into the community,” he said.

“Thank you also for the work you do with local universities to provide clinical rotational opportunities and internships to

young people who will one day make up the next generation of health care workers,” he added.

One of the oldest inhabitants, Jane Peak, a 30-year resident originally from Denver, calls Vinson Hall wonderful: “I love it here. This is something special; we haven’t done this before, but of course we haven’t been 50 years old before. But this is loads of fun. It’s a wonderful place to live.”

# School Board Policies Questioned

FROM PAGE 3

There was no coming to any terms of agreement on the subject between Strauss and those who questioned proposed "8130-9," with the board member continuing to respond that no changes had been made or even discussed, and the opponents insisting that she wasn't answering the question or being honest about the Board's intention.

Some of the objectors were referring to notes that had been offered by members of a group called One Great Falls. Their website asks for residents to sign a petition, created by Great Falls resident Lauren Shupp, in support of their mission:

"We want our school board and administration to recognize 'redistricting' pulls apart communities, causes real world negative impacts, and most importantly, leaves the underlying problems unsolved..."

FCPS should drive precious resources into our schools. Do not waste these finite resources with bureaucratic attempts to hide weaker schools in the name of driving socio-economic diversity. Do the hard work. Fix the weaker schools instead of covering their issues with manipulated statistics..."

Did the meeting with Strauss alleviate any of their concerns? Reached for comment after the event, Laura Timmins responded on behalf of One Great Falls.



**A resident from McLean takes to the microphone to remark that addressing the overcrowding at McLean High School "is a long time coming," noting there are already 14 trailers in use at McLean, with more probably to come, while other area schools are also in need." Other speakers line up behind him to offer their comments.**

PHOTO BY ANDREA WORKER/THE CONNECTION

"Seems as if the FCPS Board is not being forthright about their plans to adjust school boundaries in the future. Ms. Strauss repeat-

edly either denied or downplayed any discussions until confronted with school board agendas, tweets from other school board

members and her own quotes.

"We do not understand why the School Board would not deliberately address overcrowding at McLean HS this year unless they were planning something broader in scope...Why would the School Board need to discuss Boundary Policy 8130-7 at all unless they were looking at a countywide change?"

Dr. Pooja Singh said: "There was a general evasive notion throughout the night for important topics...I find none of this reassuring and worry for the future of our children since their school board is more focused on creating homogeneity rather than excelling our precious children."

**PETITION FOUNDER** Shupp added "Our children are not pawns on a chessboard that can be interchanged to achieve someone's idea of the correct kind of diversity. These are real children who will be impacted by any changes."

Strauss said no changes are imminent to school boundaries, and "no one is pushing anyone out of the Langley School area." Any changes to come will be done after considerable study and planning "full transparency and community feedback" and are a long way off, but solutions are needed sooner rather than later for schools like McLean that are already beyond capacity.

"We owe that to our students."

**Same Company, Same Employees,  
Same Great Value - Now Celebrating 20 Years!**

## **TWO POOR TEACHERS** Kitchen and Bathroom Remodeling

**10% down**  
nothing until the job  
is complete for the  
past 17 years



- Master Plumber
- Master Electrician
- Master HVAC

Fully Insured & Class A Licensed  
Since 1999



**Free Estimates**

**703-999-2928 Visit our website: [www.twopoorteachers.com](http://www.twopoorteachers.com)**

# CALENDAR

Submit entertainment announcements at [www.connectionnewspapers.com/Calendar/](http://www.connectionnewspapers.com/Calendar/). The deadline is noon on Friday. Photos/artwork encouraged.

## ONGOING

**Drop-in Mah Jongg.** Wednesdays, 9:30 a.m.-noon at McLean Community Center, 1234 Ingleside Ave., McLean. Players should have a basic understanding of the rules and should bring their current American MJ League card. For McLean District residents. Email [emvarner@verizon.net](mailto:emvarner@verizon.net) for more.

**Oak Marr Farmers' Market.** 8 a.m.-noon at Oak Marr RECenter, 3200 Jermantown Road, Oakton. Every Wednesday through Nov. 13, rain or shine. Call 703-281-6501 or visit [www.fairfaxcounty.gov/parks/farmersmarkets/oak-marr](http://www.fairfaxcounty.gov/parks/farmersmarkets/oak-marr) for more.

**McLean Farmers Market.** Fridays, through Nov. 15, 8 a.m.-noon at Lewinsville Park, 1659 Chain Bridge Road, McLean. [www.fairfaxcounty.gov/parks/farmersmarkets/mclean](http://www.fairfaxcounty.gov/parks/farmersmarkets/mclean).

**Great Falls Farmers Market.** Saturdays, 9 a.m.-1 p.m., 778 Walker Road, Great Falls. Music, vendors, fresh produce, fresh prepared food, delightful bakery, spices from around the world, wild-caught fish, grass-fed, free-range meats, organic-fed poultry and eggs. Email [kathleen@greatfallsfarmersmarket.org](mailto:kathleen@greatfallsfarmersmarket.org) for more.

**Oakton Farmers Market.** Saturdays, 9 a.m.-1 p.m. at Unity of Fairfax Church, 2854 Hunter Mill Road, Oakton. Year-round weekly farmers market in Oakton. Visit [community-foodworks.org](http://community-foodworks.org).

## THURSDAY/JUNE 27

**Nottoway Nights: City of Fairfax Band 'Alte Kameraden' (Music of Germany).** 7:30 p.m. at Nottoway Park, 9537 Courthouse Road, Vienna. Thursday evenings, June 20-Aug. 22 (except July 4). Bring a picnic and a blanket or chair. For last minute weather cancellations call 703-324-7469 one hour prior to the program start time.

## FRIDAY/JUNE 28

**Ants Ants Ants.** 10:30 a.m. at Wolf Trap Children's Theatre-in-the-Woods, 1551 Trap Road, Vienna. With their optimistic lyrics and innovative instrumentation, Ants Ants Ants offers an invitation into that golden childhood we always dreamed of having and creating for the ones we love. Ages 2 and older. \$10. Visit [www.wolftrap.org](http://www.wolftrap.org).

**Summer on the Green: Sarah Bennet Swanner.** 6:30 p.m. on Vienna's Town Green. The Summer on the Green concert series returns to Vienna's Town Green Friday nights through Aug. 23. Bring chairs and/or blankets. No alcoholic beverages. Consider leaving pets at home. Check the weather line at 703-255-7842. Learn more at [www.viennava.gov/DocumentCenter/View/3997](http://www.viennava.gov/DocumentCenter/View/3997).

## SATURDAY/JUNE 29

**July 4th in June, Lake Fairfax Park,** 1400 Lake Fairfax Drive, Reston. Get the nation's birthday party started early. The park opens at dawn and the fun continues until the last fireworks disappear from the sky after dark. Water park open 10 a.m.-8 p.m. Live music with Modern Vintage and the U.S. Navy Band Commodores from 3:30-9 p.m. Food vendors throughout the day. Fireworks begin at 9:15 p.m.. The park generally closes to new arrivals around 8:45 p.m. Walk or bike to the park and admission is free. Parking fee \$10 per vehicle. Rain date Sunday, June 30. Call 703-471-5414 or visit [www.fairfaxcounty.gov/parks/lake-fairfax](http://www.fairfaxcounty.gov/parks/lake-fairfax).

**Intro Canoeing Tour.** 5:30-7:30 p.m. at Riverbend Park, 8700 Potomac Hills St., Great Falls. Come and experience the upper Potomac's beautiful scenery and wildlife from the water. Start with an introduction to canoeing basics and then head out onto the river with an instructor. This is not a whitewater tour and is good for canoeing beginners. There will be three people per canoe and paddling and safety gear is provided. \$41 per person. For participants age 16 to adult and will be canceled in the event of inclement weather or hazardous river conditions. Call 703-759-9018 or visit [www.fairfaxcounty.gov/parks/riverbend](http://www.fairfaxcounty.gov/parks/riverbend).

## SUNDAY/JUNE 30

**Get Prepped for Paddling.** 8:30-9:30 a.m. at Riverbend Park, 8700 Potomac Hills St., Great Falls. Pick up the skills needed to paddle the Potomac and other waterways this summer by enrolling in "Intro to River Kayaking" at



The Celebrate Great Falls Foundation had their own float topped with a white gazebo at the 2018 Home.

## 4th Of July Hometown Celebration and Parade

Great Falls celebrates the 4th of July. Thursday, July 4, 8 a.m.-1 p.m. at the Great Falls Village Centre. 6 p.m. at Turner Farm Park. Free admission. Visit [celebrategreatfalls.org/event/4th-of-july-hometown-celebration/](http://celebrategreatfalls.org/event/4th-of-july-hometown-celebration/) for more.



## Seussical The Musical

The McLean Community Players return to the Alden Theatre with the musical "Seussical," which opens July 12, 2019, and runs weekends through July 28. "Seussical" brings together many beloved Dr. Seuss characters. Running weekends: July 12-14, July 19-21 and July 26-28; Friday-Saturday, 7:30 p.m.; Sunday, 2 p.m. at Alden Theatre, McLean Community Center, 1234 Ingleside Ave., McLean. \$15-\$28. Email [info@McLeanPlayers.org](mailto:info@McLeanPlayers.org) or visit [www.McLeanPlayers.org](http://www.McLeanPlayers.org) for more.

Riverbend Park. The hour-long session will cover river hazards, water safety and paddling basics. \$32 per person. The fee includes equipment and a half-day kayak rental on the day of class for more practice. For participants age 14 to adult. Call 703-759-9018 or visit [www.fairfaxcounty.gov/parks/riverbend](http://www.fairfaxcounty.gov/parks/riverbend).

**Summer Concerts: Sonia de Los Santos.** 5 p.m. in the gazebo of McLean Central Park, 1468 Dolley Madison Blvd., McLean. The Alden at the McLean Community Center is again sponsoring free summer concerts in the gazebo of McLean Central Park featuring a mix of musical genres. Call 703-790-0123 or visit [www.aldentheatre.org](http://www.aldentheatre.org).

**Concerts on the Green: The Alan Scott Band.** 6-8 p.m. on the Great Falls Village Centre Green. Bring picnic baskets, chairs and blankets for an evening of live music. Free. Visit [www.celebrategreatfalls.org](http://www.celebrategreatfalls.org).

## TUESDAY/JULY 2

**Kids on the Green: Reptiles Alive (live animals).** 10 a.m. on the Vienna Town Green. The Kids on the Green series is a weekly collection of interactive animal shows, magicians, puppet performances, and more, running through Aug. 20. Free. Visit [viennava.gov](http://viennava.gov) for more.

## WEDNESDAY/JULY 3

**Stories, Songs & Sprinklers.** 1 p.m. on the Freeman Store lawn. Partnering with Historic Vienna, Inc., the Town of Vienna invites young children and families to an afternoon of storybook reading, short songs, and fun with water sprinklers. Free. Visit [viennava.gov](http://viennava.gov) for more.

## THURSDAY/JULY 4

**4th Of July Hometown Celebration and Parade.** 8 a.m.-1 p.m. at the Great Falls Village Centre. 6 p.m. at Turner Farm Park. Free admission. Visit [celebrategreatfalls.org/event/4th-of-july-hometown-celebration/](http://celebrategreatfalls.org/event/4th-of-july-hometown-celebration/) for more.

❖ 8 a.m. — **5K Walk/Run** at the Great Falls Freedom Memorial. Visit [runsignup.com/Race/VA/GreatFalls/July45K](http://runsignup.com/Race/VA/GreatFalls/July45K) to register.

❖ 8 a.m.-1:30 p.m. — **INOVA Blood Drive** with the Great Falls Volunteer Fire Department. Photo ID required. Allow 1 hour for donor visit. See you there!

❖ 9 a.m. — **Little Patriot Parade** on the Village Centre Green (at the Gazebo). Babies and Toddlers up to age 5 are welcome to parade their finest patriotic display around the Green.

❖ 10 a.m. — **Main Parade** around the Great Falls Village Centre. See the floats, horses, antique cars and pets making a loop in the Main Parade.

❖ 10:30 a.m.-12:30 p.m. — **Festivities, Food & Fun.** After the parade, enjoy burgers, dogs and

snow-cones along with music, field games and festivities on the Village Centre Green.

❖ 6 p.m. — **Fireworks & Fun** at Turner Farm Park. Gates open at 6. Pack up the family and come tailgate with neighbors. Live music, games, contests and food trucks will entertain until the Big Show gets underway just after dusk.

**Vienna Sprinklers and Sparklers.** 10 a.m.-2 p.m. at the Vienna Community Center, 120 Cherry St. SE, Vienna. Features three water slides and a bevy of other water activities for children as well as five food trucks and snow cones. Kids (and adults who may encounter collateral water damage) should be prepared to get really wet and to have a really good time. Visit [viennava.gov](http://viennava.gov) or call 703-255-6361.

**McLean 4th Of July Fireworks Celebration.** 6:30 p.m. at Langley High School, 6520 Georgetown Pike, McLean. Enjoy a DJ, food trucks, and fireworks. Free onsite parking (limited). Free satellite parking and shuttle buses (handicapped equipped) from McLean Community Center and St. John's Episcopal Church. The following are prohibited on school grounds: smoking, alcohol, vaping, glass containers, personal fireworks, weapons and pets. Free admission. Visit [www.mcleancenter.org](http://www.mcleancenter.org) or call 703-790-0123.

**Vienna Big Bang Fireworks.** 7:15 p.m. at Yeonas Park, 1319 Ross Drive SW, Vienna. Annual big bang show. The Josh Christina Band will provide the evening's soundtrack. The Vienna Little League concession stand and food trucks will serve up food and non-alcoholic beverages. The fireworks show, courtesy of Navy Federal Credit Union, starts around 9:30. Visit [viennava.gov](http://viennava.gov) or call 703-255-6361.

## FRIDAY/JULY 5

**Get Hooked on Fishing.** 5:30-7:30 p.m. at Riverbend Park, 8700 Potomac Hills St., Great Falls. Riverbend is offering "River Fishing by Boat." In this class, participants age 5- adult will learn to fish for smallmouth bass and sunfish from a canoe or jon boat. Previous experience rowing or paddling is not required, and boats, PFDs, fishing rods and bait are provided. There will be a maximum of three participants per boat, one of whom must be 16 or older. Each participant must register. \$16 per person. If the weather's bad or river conditions are hazardous, the program will be canceled. Call 703-759-9018 or visit [www.fairfaxcounty.gov/parks/riverbend](http://www.fairfaxcounty.gov/parks/riverbend).

**Summer on the Green: U.S. Navy Band: Commodores (big band jazz).** 6:30 p.m. on Vienna's Town Green. The Summer on the Green concert series returns to Vienna's Town Green Friday nights through Aug. 23. Please see the text below or the attached release for details. Bring chairs and/or blankets. No alcoholic beverages are permitted. Consider leaving pets at home. In the event of rain, check the weather line at 703-255-7842. Learn more at [www.viennava.gov/DocumentCenter/View/3997](http://www.viennava.gov/DocumentCenter/View/3997).

## SATURDAY/JULY 6

**Get Hooked on Fishing.** 9-9:55 a.m. at Lake Fairfax Park, 1400 Lake Fairfax Drive, Reston. Lake Fairfax Park is offering the "Fishing Fun" series for children age 7-11 on Saturdays from July 6-27. Participants will learn fishing basics. The class helps participants improve fishing skills with spinning- and closed-faced reels while teaching safety, catch-and-release fishing and protecting the environment. All equipment is provided. \$66 per child for four sessions, plus a supply fee of \$20 payable at the first class. Call 703-471-5414 or visit [www.fairfaxcounty.gov/parks/lake-fairfax](http://www.fairfaxcounty.gov/parks/lake-fairfax).

## SUNDAY/JULY 7

**Summer Concerts: DuPont Brass.** 5 p.m. in the gazebo of McLean Central Park, 1468 Dolley Madison Blvd., McLean. The Alden at the McLean Community Center is again sponsoring free summer concerts in the gazebo of McLean Central Park featuring a mix of musical genres. Call 703-790-0123 or visit [www.aldentheatre.org](http://www.aldentheatre.org).

**Concerts on the Green: Oxymorons.** 6-8 p.m. on the Great Falls Village Centre Green. Bring picnic baskets, chairs and blankets for an evening of live music. Free. Visit [www.celebrategreatfalls.org](http://www.celebrategreatfalls.org).

## TUESDAY/JULY 9

**Kids on the Green: The Great Zucchini (magician).** 10 a.m. on the Vienna Town Green. The Kids on the Green series is a weekly collection of interactive animal shows, magicians, puppet performances, and more, running through Aug. 20. Free. Visit [viennava.gov](http://viennava.gov) for more.

SEE CALENDAR, PAGE 13

[WWW.CONNECTIONNEWSPAPERS.COM](http://WWW.CONNECTIONNEWSPAPERS.COM)

# ENTERTAINMENT



## Ants Ants Ants

With their optimistic lyrics and innovative instrumentation, Ants Ants Ants offers an invitation into that golden childhood we always dreamed of having and creating for the ones we love. Johnny Clay and Dave Gulick, the founding indie rock duo behind Ants Ants Ants, will perform with a full band. Ages 2 and older. Friday, June 28, 10:30 a.m. at Wolf Trap Children's Theatre-in-the-Woods, 1551 Trap Road, Vienna. \$10. Visit [www.wolftrap.org](http://www.wolftrap.org).

## CALENDAR

FROM PAGE 12

### WEDNESDAY/JULY 10

**Stories, Songs & Sprinklers.** 1 p.m. on the Freeman Store lawn. Partnering with Historic Vienna, Inc., the Town of Vienna invites young children and families to an afternoon of storybook reading, short songs, and fun with water sprinklers. Free. Visit [viennava.gov](http://viennava.gov)

### THURSDAY/JULY 11

**Nottoway Nights: David Bach Consort.** 7:30 p.m. at Nottoway Park, 9537 Courthouse Road, Vienna. Thursday evenings, through Aug. 22. Bring a picnic and a blanket or chair. For last minute weather cancellations call 703-324-7469 one hour prior to the program start time.

### FRIDAY/JULY 12

**ESL Playdate Cafe.** 1-2 p.m. at Oakton Library, 10304 Lynnhaven Place, Oakton. Meet other caregivers of young children. Adults practice English while children enjoy play time in the same room. Birth-5 years with adult. Free. Call 703-242-4020 or visit [librarycalendar.fairfaxcounty.gov/event/5260042](http://librarycalendar.fairfaxcounty.gov/event/5260042).

**Summer on the Green: Fat Chance (rock).** 6:30 p.m. on Vienna's Town Green. The Summer on the Green concert series returns to Vienna's Town Green Friday nights through Aug. 23. Please see the text below or the attached release for details. Bring chairs and/or blankets. No alcoholic beverages are permitted. Consider leaving pets at home. In the event of rain, check the weather line at 703-255-7842. Learn more at [www.viennava.gov/DocumentCenter/View/3997](http://www.viennava.gov/DocumentCenter/View/3997).

### FRIDAY-SUNDAY/JULY 12-14

**Seussical The Musical.** Friday-Saturday, 7:30 p.m.; Sunday, 2 p.m. at Alden Theatre, McLean Community Center, 1234 Ingleside Ave., McLean. The McLean Community Players return to the Alden Theatre with the musical "Seussical," which opens July 12, 2019, and runs weekends through July 28. "Seussical" brings together many beloved Dr. Seuss characters. \$15-\$28. Email [info@McLeanPlayers.org](mailto:info@McLeanPlayers.org) or visit [www.McLeanPlayers.org](http://www.McLeanPlayers.org) for more.

### SATURDAY/JULY 13

**Model Railroaders Open House.** 1-5 p.m. at the Vienna Depot, 231 Dominion Road NE. Northern Virginia Model Railroaders hold an open house at the Vienna Depot each month and on Vienna celebration days, including Viva! Vienna and the Vienna Holiday Stroll. Free admission. Call 703-938-5157 or visit [www.nvmr.org](http://www.nvmr.org)

### SUNDAY/JULY 14

**Summer Concerts: Frontiers - Journey tribute band.** 5 p.m. in the gazebo of McLean Central Park, 1468 Dolley Madison Blvd., McLean. The Alden at the McLean Community Center is again sponsoring free summer concerts in the gazebo of McLean Central Park featuring a mix of musical genres. Call 703-790-0123 or visit [www.aldentheatre.org](http://www.aldentheatre.org).

**Concerts on the Green: Jr. Cline and the Recliners.** 6-8 p.m. on the Great Falls Village Centre Green. Bring picnic baskets, chairs and blankets for an evening of live music. Free. Visit [www.celebrategreatfalls.org](http://www.celebrategreatfalls.org).

### TUESDAY/JULY 16

**Kids on the Green: Bill Wellington (kids songs and storytelling).** 10 a.m. on the Vienna Town Green. The Kids on the Green series is a weekly collection of interactive animal shows, magicians, puppet performances, and more, running through Aug. 20. Free. Visit [viennava.gov](http://viennava.gov) for more.

### WEDNESDAY/JULY 17

**Stories, Songs & Sprinklers.** 1 p.m. on the Freeman Store lawn. Partnering with Historic Vienna, Inc., the Town of Vienna invites young children and families to an afternoon of storybook reading, short songs, and fun with water sprinklers. Free. Visit [viennava.gov](http://viennava.gov)

### THURSDAY/JULY 18

**Nottoway Nights: The Aloha Boys.** 7:30 p.m. at Nottoway Park, 9537 Courthouse Road, Vienna. Thursday evenings, through Aug. 22. Bring a picnic and a blanket or chair. For last minute weather cancellations call 703-324-7469 one hour prior to the program start time.

### FRIDAY/JULY 19

**Get Hooked on Fishing.** 5:30-7:30 p.m. at Riverbend Park, 8700 Potomac Hills St., Great Falls. Riverbend is offering "River Fishing by Boat." In this class, participants age 5- adult will learn to fish for smallmouth bass and sunfish from a canoe or jon boat. Previous experience rowing or paddling is not required, and boats, PFDs, fishing rods and bait are provided. There will be a maximum of three participants per boat, one of whom must be 16 or older. Each participant must register. \$16 per person. If the weather's bad or river conditions are hazardous, the program will be canceled. Call 703-759-9018 or visit [www.fairfaxcounty.gov/parks/riverbend](http://www.fairfaxcounty.gov/parks/riverbend).

**Summer on the Green: Chillin' on Church: Mudlark (classic rock and blues).** 6:30 p.m. on Vienna's Town Green. Friday nights through Aug. 23. Bring chairs and/or blankets. No alcoholic beverages are permitted. Consider leaving pets at home. In the event of rain, check the weather line at 703-255-7842. Learn more at [www.viennava.gov/DocumentCenter/View/3997](http://www.viennava.gov/DocumentCenter/View/3997).



"I See the Moon," oil painting by Jill Banks

## 'Moon Shots – A Giant Leap' on Exhibit at Great Falls Library

"Moon Shots – A Giant Leap," an exhibit now on at the Great Falls Library, is to honor the 50<sup>th</sup> anniversary of the July 1969 Apollo 11 mission to the Moon when two astronauts made history by walking on the lunar surface. Nineteen artist members of Great Falls Studios are displaying 36 pieces of art in a variety of mediums and styles throughout the month of June. For more contact [exhibits@greatfallsstudios.com](mailto:exhibits@greatfallsstudios.com)

"Moonrise, Washington DC," photograph by Robin Kent



Most Unforgettable Summer Ever

**SUMMERFEST**

AT GAYLORD NATIONAL®

Discover the perfect resort experience with free activities and waterfront fun all summer long in National Harbor, Maryland.

Visit July 2-6 for even more family fun!

Packages start at just \$179\*

Book your stay at [GaylordNational.com/SummerFest](http://GaylordNational.com/SummerFest)

PRESENTED BY AQUAFINA

\*Rates are per room, per night and based on availability at the time of reservation. Applicable tax, resort fee and parking additional. Limited numbers of rooms are available for this promotion. Offer does not apply to groups of 10 or more rooms or conventions. Offer cannot be combined with any other promotions. Advance reservations required. Not retroactive. Blackout dates and other restrictions may apply. AQUAFINA is a registered trademark of PepsiCo, Inc.

## SUMMER FOOD PROGRAM

# Free Meals for Children During Summer Break

Approximately 29 percent of students in FCPS qualify for free and reduced-price meals. That's more than 54,000 students who usually have access to breakfast and lunch at school each day.

Fairfax County Public Schools will participate in the U.S. Department of Agriculture's (USDA) 2019 summer food service program for children, a program established to ensure that students continue to receive nu-

tritious meals when school is not in session. Free meals that meet federal nutrition guidelines will be provided to children at approved sites throughout Fairfax County.

Meals will be provided to all children without charge on a first-come, first-served basis. There will not be meal service on July 4 or 5.

SCHOOL SITES	DATES	BREAKFAST	LUNCH
<b>Bailey's Community Center</b> 5920 Summers Ln, Falls Church, VA 22041 703-931-7027	6/17-8/23	8:30-9:30 a.m.	Noon-1 p.m.
<b>Bailey's ES (primary)</b> 6111 Knollwood Dr, Falls Church, VA 22041 703-575-6800	6/14-8/23	8-9 a.m.(7/1-8/8)	11:30-1 p.m.
<b>Beech Tree ES</b> 3401 Beechtree Ln, Falls Church, VA 22042 703-531-2600	7/8-7/26	9:30-9:45 a.m.	Noon-12:30 p.m.
<b>Belvedere ES</b> 6540 Columbia Pike, Falls Church, VA 22041 703-916-6800	7/1-8/8	9:45-10:15 a.m.	Noon-1 p.m.
<b>Braddock ES</b> 7825 Heritage Dr, Annandale, VA 22003 703-914-7300	7/1-8/8	8:30-9 a.m.	Noon-12:30 p.m.
<b>Bren Mar Park ES</b> 6344 Beryl Rd, Alexandria, VA 22312 703-914-7200	6/14-8/23	8-10:05 a.m. (7/1-8/8)	11:30 a.m.-1 p.m.
<b>Brookfield ES</b> 4200 Lees Corner Rd, Chantilly, VA 20151 703-814-8700	7/1-8/8	8-9 a.m.	Noon-12:30 p.m.
<b>Bucknell ES</b> 6925 University Dr, Alexandria, VA 22307 703-660-2900	7/8-7/26	8:45-9 a.m.	12:15-12:45 p.m.
<b>Burke Center</b> 9645 Burke Lake Road, Burke, VA 22015 703-426-7300	7/1-7/26	N/A	11:30 a.m.-noon
<b>Camelot ES</b> 8100 Guinevere Dr, Annandale, VA 22003 703-645-7000	7/1-7/26	9:30-10 a.m.	N/A
<b>Centre Ridge ES</b> 14400 New Braddock Rd, Centreville, VA 20121 703-227-2600	7/1-8/8	8-8:30 a.m.	10:30-11 a.m.
<b>Chelsea Square Apts.</b> 5734 Backlick Rd, Springfield, VA 22150	6/17-8/23	N/A	Noon-1 p.m.
<b>Coates ES</b> 2480 River Birch Road, Herndon, VA 20171 703-713-3000	7/8-7/26	8-8:30 a.m.	11-11:30 a.m.
<b>Crestwood ES</b> 6010 Hanover Ave, Springfield, VA 22150 703-923-5400	7/1-8/8	8:40-9:10 a.m.	11:55 a.m.-12:35 p.m.
<b>Dogwood ES</b> 12300 Glade Dr, Reston, VA 20191 703-262-3100	6/14-8/23	9:45-10:05 a.m. (7/22-8/9)	11:30 a.m.-1 p.m.
<b>Falls Church HS</b> 7521 Jaguar Trail, Falls Church, VA 22042 703-207-4000	7/30-8/1	8-8:30 a.m.	11:30 a.m.-noon
<b>Forest Edge ES</b> 1501 Becontree Ln, Reston, VA 20190 703-925-8000	7/8-7/26	9:45-10 a.m.	11-11:30 a.m.
<b>Forestdale ES</b> 6530 Elder Ave, Springfield, VA 22150 703-313-4300	7/1-8/8	9:45-10:15 a.m.	1:15-1:45 p.m.
<b>Fort Belvoir Primary</b> 5970 Meeres Road, Fort Belvoir, VA 22060 703-781-2700	7/8-7/26	N/A	11 a.m.-noon
<b>Fort Belvoir Upper</b> 5980 Meeres Road, Fort Belvoir, VA 22060 571-982-1300	7/8-7/26	N/A	11 a.m.-12:30 p.m.
<b>Garfield ES</b> 7101 Old Keene Mill Rd, Springfield, VA 22150 703-923-2900	7/1-8/8	8-8:30 a.m.	Noon-12:30 p.m.
<b>Glasgow MS</b> 4101 Fairfax Pkwy, Alexandria, VA 22312 703-813-8700	7/8-8/8	7:20-7:45 a.m.	11:10-11:30 a.m.
<b>Glen Forest ES</b> 5829 Glen Forest Dr, Falls Church, VA 22041 703-578-8000	7/8-7/26	N/A	12:50-1:20 p.m.
<b>Graham Road Community Ctr.</b> 3036 Graham Rd, Falls Church, VA 22042 703-401-5257	6/14-8/23	N/A	11:30 a.m.-1 p.m.
<b>Graham Road ES</b> 2831 Graham Rd, Falls Church, VA 22042 571-226-2700	7/8-7/26	8:45-9 a.m.	11-11:30 a.m.
<b>Groveton ES</b> 6900 Harrison Ln, Alexandria, VA 22306 703-718-8000	7/8-7/26	9:25-9:45 a.m.	1-1:45 p.m.
<b>Gum Springs Community Ctr.</b> 8100 Fordson Road, Alexandria, VA 22306 703-360-6088	6/17-8/23	8-8:30 a.m.	Noon-1 p.m.
<b>Herndon ES</b> 630 Dranesville Rd, Herndon, VA 20170 703-326-3100	7/1-8/8	8:45-9:15 a.m.	10:45-11:30 a.m.
<b>Herndon MS</b> 901 Locust St, Herndon, VA 20170 703-904-4800	7/8-7/26	7-8:30 a.m.	Noon-12:30 p.m.
<b>Hollin Meadows ES</b> 2310 Nordok Place, Alexandria, VA 22306 703-718-8300	7/1-7/26	8:45-9:15 a.m.	11:45 a.m.-12:30 p.m.
<b>Holmes MS</b> 6525 Montrose St, Alexandria, VA 22312 703-658-5900	7/1-8/1	7:30-8:50 a.m.	11 a.m.-12:20 p.m.
<b>Hutchison ES</b> 13209 Parcher Ave, Herndon, VA 20170 703-925-8300	6/14-8/23	8:30-8:50 a.m. (7/1-8/8)	11 a.m.-1 p.m.
<b>Hybla Valley ES</b> 3415 Lockheed Blvd, Alexandria, VA 22306 703-718-7000	6/14-8/23	9-9:15 a.m. (7/1-8/8)	11:50 a.m.-12:30 p.m.

SCHOOL SITES	DATES	BREAKFAST	LUNCH
<b>Jackson MS</b> 3020 Gallows Rd, Falls Church, VA 22042 703-204-8100	7/8-8/2	8-8:30 a.m.	11:45 a.m.-12:15 p.m.
<b>James Lee Community Ctr.</b> 2855 Annandale Road, Falls Church, VA 22042 703-534-3387	6/17-8/23	8:30-9:30 a.m.	Noon-1 p.m.
<b>Justice HS</b> 3301 Peace Valley Ln, Falls Church, VA 22044 703-824-3900	7/8-7/26	7:30-7:55 a.m.	10:30-11:55 a.m.
<b>Key MS</b> 6402 Franconia Rd, Springfield, VA 22150 703-313-3900	7/1-7/26	8-8:30 a.m.	Noon-1 p.m.
<b>Lake Anne ES</b> 11510 North Shore Dr, Reston, VA 20190 703-326-3500	7/8-7/26	8-8:30 a.m.	Noon-12:30 p.m.
<b>Lee HS</b> 6540 Franconia Rd, Springfield, VA 22150 703-924-8300	7/8-7/26	7:30-7:55 a.m.	10:30-11:55 a.m.
<b>London Towne ES</b> 6100 Stone Rd, Centreville, VA 20120 703-227-5400	6/14-8/23	9:45-10 a.m. (7/1-8/8)	11:30 a.m.-1 p.m.
<b>Lynbrook ES</b> 5801 Backlick Rd, Springfield, VA 22150 703-866-2940	7/1-8/8	8-9 a.m.	Noon-12:30 p.m.
<b>Mason Crest ES</b> 3705 Crest Drive, Annandale, VA 22003 571-226-2600	7/8-7/26	N/A	Noon-12:30 p.m.
<b>Mount Eagle ES</b> 6116 N Kings Hwy, Alexandria, VA 22303 703-721-2100	6/14-8/23	9-9:45 a.m. (7/1-8/8)	11:30 a.m.-1:15 p.m.
<b>Mount Vernon HS</b> 8515 Old Mt Vernon Rd, Alexandria, VA 22309 703-619-3100	8/5-8/9	8-8:30 a.m.	Noon-12:30 p.m.
<b>Parklawn ES</b> 4116 Braddock Rd, Alexandria, VA 22312 703-914-6900	7/1-8/1	8:45-9:15 a.m.	11:30 a.m.-12:30 p.m.
<b>Pine Spring ES</b> 7607 Willow Ln, Falls Church, VA 22042 571-226-4400	7/8-7/26	9:35-9:55 a.m.	11:45 a.m.-12:15 p.m.
<b>Quander Road School</b> 6400 Quander Rd, Alexandria, VA 22307 703-718-2400	7/8-7/26	8-8:30 a.m.	N/A
<b>Riverside ES</b> 8410 Old Mt Vernon Rd, Alexandria, VA 22309 703-799-6000	6/14-8/23	8:45-9:15 a.m. (7/8-7/26)	11:30 a.m.-1 p.m.
<b>Saratoga ES</b> 8111 Northumberland Rd, Springfield, VA 22153 703-440-2600	7/1-7/26	9:45-10:10 a.m.	Noon-12:30 p.m.
<b>Sleepy Hollow ES</b> 3333 Sleepy Hollow Rd, Falls Church, VA 22044 703-237-7000	7/8-7/26	9:40-10:15 a.m.	11:45 a.m.-12:45 p.m.
<b>Springfield Estates ES</b> 6200 Charles C Goff Dr, Springfield, VA 22150 703-921-2300	7/8-7/26	N/A	Noon-12:30 p.m.
<b>Springfield Garden Apts.(South)</b> 6116 Cumberland Avenue, Springfield, VA 22150	6/17-8/23	N/A	Noon-1 p.m.
<b>Springfield Gardens Apts.(North)</b> 6116 Cumberland Avenue, Springfield, VA 22150	6/17-8/23	N/A	Noon-1 p.m.
<b>Springfield Square Apts.</b> 7000 Rhoden Ct, Springfield, VA 22151	6/17-8/23	N/A	Noon-1 p.m.
<b>Timber Lane ES</b> 2737 West St, Falls Church, VA 22046 703-206-5300	7/1-8/8	9-9:30 a.m.	11:45 a.m.-12:15 p.m.
<b>TJHSST</b> 6560 Braddock Rd, Alexandria VA 22312 703-750-8300	6/24-8/1	7:30-8 a.m.	11 a.m.-1 p.m.
<b>Vistas of Annandale(Avant Apts.)</b> 7931 Patriot Drive, Annandale, VA 22003 703-962-1273	6/17-8/23	N/A	11:30 a.m.-1 p.m.
<b>Washington Mill ES</b> 9100 Cherrytree Dr, Alexandria, VA 22309 703-619-2500	7/8-7/26	8:45-9:30 a.m.	11 a.m.-noon
<b>Westlawn ES</b> 3200 Westley Rd, Falls Church, VA 22042 703-241-5100	7/1-7/26	7:45-9 a.m.	Noon-12:30 p.m.
<b>Weyanoke ES</b> 6520 Braddock Rd, Alexandria, VA 22312 703-813-5400	7/1-8/8	8:45-9:15 a.m.	Noon-12:20 p.m.
<b>Whitman MS</b> 2500 Parkers Ln, Alexandria, VA 22306 703-660-2400	7/8-7/26	7:30-8 a.m.	Noon-12:30 p.m.
<b>Willston Multicultural Center</b> 6131 Willston Drive, Falls Church, VA, 22044 703-536-8943	6/17-8/23	8:30-9:30 a.m.	Noon-1 p.m.
<b>Woodburn ES</b> 3401 Hemlock Dr, Falls Church, VA 22042 703-641-8200	7/1-8/8	8:30-9 a.m.	11:30 a.m.-noon
<b>Woodlawn ES</b> 8505 Highland Ln, Alexandria, VA 22309 703-619-4800	7/1-8/8	10-10:30 a.m.	11:45 a.m.-12:15 p.m.
<b>Woodley Hills ES</b> 8718 Old Mt Vernon Rd, Alexandria, VA 22309 703-799-2000	7/1-7/26	7:45-10:30 a.m.	1-1:30 p.m.

SOURCE: FAIRFAX COUNTY PUBLIC SCHOOL

# BULLETIN

FROM PAGE 7

p.m. at McLean Governmental Center, Rooms A & B, 1437 Balls Hill Road, McLean. The public is welcome to attend and join in the comment period that begins each session. Visit [www.fairfaxcounty.gov/familyservices/older-adults/fairfax-area-commission-on-aging](http://www.fairfaxcounty.gov/familyservices/older-adults/fairfax-area-commission-on-aging). Call 703-324-5403, TTY 711 for meeting access needs.

## THURSDAY/JULY 18

**Caregivers Support Group.** 10-11:30 a.m. at UUCF Unitarian Universalist Congregation of Fairfax - Program Building, 2709 Hunter Mill Road, Oakton. For caregivers to adult family members with dementia. First and third Thursdays of every month. Hosted by Shepherd's Center of Oakton-Vienna, [scov.org](http://scov.org). Contact facilitator Jack Tarr at 703-821-6838 or [jtarr5@verizon.net](mailto:jtarr5@verizon.net).

## SUNDAY/JULY 28

**Movie Screening: Proof of Heaven.** 2-4 p.m. at Unity of Fairfax, 2854 Hunter Mill Road, Oakton. Best-selling author of Proof of Heaven: A Neurosurgeon's Journey into the Afterlife, Dr. Eben Alexander will describe his personal near death experience and the lessons he has learned. \$25. Register at [proofofheavenunity.eventbrite.com](http://proofofheavenunity.eventbrite.com).

## THURSDAY/AUG. 1

**Nomination Deadline.** The nomination process for the 2019 annual Fairfax County Champions of Character Awards are underway. The Fairfax County Champions of Character Awards program honors youth, coaches and parents for extraordinary service in pursuing victory with honor in various athletics programs throughout Fairfax County. Anyone can nominate a player, coach or parent for consideration of a Champions of Character Award. Visit [www.fairfaxcounty.gov/neighborhood-community-services/athletics/champions-of-character](http://www.fairfaxcounty.gov/neighborhood-community-services/athletics/champions-of-character) for more.

## SUNDAY/NOV. 3

**Low Cost Rabies Vaccine Clinic.** 9-11 a.m. at Fairfax County Animal Shelter, 4500 West Ox Road, Fairfax. Cost is \$15 per pet, cash and check only. Dogs, cats, and ferrets may be vaccinated at the clinic. Dogs must be on leashes; cats and ferrets must be in carriers. All pets will receive a 1-year rabies vaccination. To obtain a 3-year vaccine, bring pet's rabies certificate (not tag) showing the current rabies vaccination expiration date. 2019 county dog licenses will be sold for an additional \$10 per license. Visit [www.fairfaxcounty.gov/animalshelter/communityassistance/rabiesclinics](http://www.fairfaxcounty.gov/animalshelter/communityassistance/rabiesclinics) for more.

## SUPPORT GROUPS

**Parent Support Partners**, a service of the Healthy Minds Fairfax initiative, are all parents who have received training and are qualified to offer education, support and assistance at no cost to families or caregivers. They provide reliable information that families can use in decision-making and are familiar with services and resources that can help families in distress. Visit [www.fairfaxcounty.gov/healthymindsfairfax](http://www.fairfaxcounty.gov/healthymindsfairfax) or [www.northernvirginia.org/parent-peer-support.html](http://www.northernvirginia.org/parent-peer-support.html).

## Shepherd's Center of Oakton Vienna

**Caregivers' Support Group** takes place first and third Thursday of each month, 10-11:30 a.m. at the Unitarian Universalist Congregation of Fairfax (UUCF) - Program Building, 2709 Hunter Mill Road, Oakton. For caregivers to adult family members with dementia. First and third Thursdays of every month. Hosted by Shepherd's Center of Oakton-Vienna, [scov.org](http://scov.org). Contact facilitator Jack Tarr at 703-821-6838 or [jtarr5@verizon.net](mailto:jtarr5@verizon.net).

**Haven of Northern Virginia Support Group.** 703-941-7000, [www.havenofnova.org](http://www.havenofnova.org) or [havenofnova@verizon.net](mailto:havenofnova@verizon.net).

**Virginia Chronic Pain Support Group** Meets from 1:30-3 p.m. the 2nd Wednesday of each month at Kaplan Center for Integrative Medicine, 6829 Elm St., Suite 300, McLean. Group leader, Jodi Brayton, LCSW. 703-532-4892.

# BUSINESS DIRECTORY

WWW.CONNECTIONNEWSPAPERS.COM

CALL 703-549-0004 FOR ADVERTISING INFORMATION

<b>LANDSCAPING</b> <b>A&amp;S CONSTRUCTION</b> SOD, Mulch, Clean-Up Leaf Removal Hauling. <b>703-863-7465</b>		Good is not good, where better is expected. <b>-Thomas Fuller</b>	
<b>ELECTRICAL</b> <b>K &amp; D ELECTRIC</b> COMMERCIAL / RESIDENTIAL SERVICE Family Owned & Operated Recessed Lighting Ceiling Fans Phone/CATV Computer Network Cabling Service Upgrades Hot Tubs, etc...		<b>ELECTRICAL</b> Licensed/Bonded/Insured Office 703-335-0654 Mobile 703-499-0522 <a href="mailto:lektrkman28@gmail.com">lektrkman28@gmail.com</a>	
<b>GUTTER</b> <b>GUTTER CLEANING</b> Gutters and Downspouts Cleaned Small Repairs • Gutter Guards <b>PINNACLE SERVICES</b> Lic/Ins 703-802-0483 free est. email <a href="mailto:jamie@lawnsandgutters.com">jamie@lawnsandgutters.com</a> web: <a href="http://lawnsandgutters.com">lawnsandgutters.com</a> Friendly Service with a Friendly Price!		<b>GUTTER</b> <b>IMPROVEMENTS</b> <b>Power Washing</b> Go from green to clean, do you have mold on your siding rotten wood that's a hoia violation? We do houses, decks, fences, side walks, etc. Deck and fence repair, deck staining and sealing. Licensed & Insured • Free Estimates email: <a href="mailto:jnave@comcast.net">jnave@comcast.net</a> <b>703-987-5096</b>	
<b>A&amp;S Landscaping</b> <ul style="list-style-type: none"> <li>• All Concrete work</li> <li>• Retaining Walls • Patios</li> <li>• Decks • Porches (incl. screened) • Erosion &amp; Grading Solutions</li> <li>• French Drains • Sump Pumps</li> <li>• Driveway Asphalt Sealing</li> </ul> <b>703-863-7465</b> LICENSED Serving All of N. Virginia			
<b>RN. CONTRACTORS, INC.</b> Remodeling Homes, Flooring, Kitchen & Bath, Windows, Siding, Roofing, Additions & Patios, Custom Deck, Painting We Accept All Major Credit Cards Licensed, Insured, Bonded • Free Estimates • Class A Lic Phone: 703-887-3827 E-mail: <a href="mailto:rncontractorsinc@gmail.com">rncontractorsinc@gmail.com</a> <a href="http://www.rncontractors.com">www.rncontractors.com</a>			
<b>LANDSCAPING</b> <b>Patios &amp; Drainage</b> Your neighborhood company since 1987 <b>703-772-0500</b>		<b>LANDSCAPING</b> <b>J.E.S. Services</b> Free Estimates • Fully Licensed & Insured <ul style="list-style-type: none"> <li>• Planting &amp; Landscaping Design</li> <li>• Drainage &amp; Water Problems</li> <li>• Concrete Driveways, Replacement or New</li> <li>• Patios and Walks • Masonry Work or Dry Laid</li> <li>• Paver, Flagstone, Brick, any style you choose</li> <li>• Retaining walls of all types</li> </ul> All work Guaranteed	
<b>ATTENTION ADVERTISERS:</b> expand your audience beyond our weekly print edition with <b>THE CONNECTION DIGITAL</b> <ul style="list-style-type: none"> <li>▶ Email Marketing</li> <li>▶ Social Media</li> <li>▶ Sponsored Content</li> </ul> FOR MORE INFORMATION CALL 703.778.9431 OR VISIT <a href="http://CONNECTIONNEWSPAPERS.COM/ADVERTISING">CONNECTIONNEWSPAPERS.COM/ADVERTISING</a>			
Sign up for <b>FREE DIGITAL SUBSCRIPTION</b> to any or all of our 15 papers <a href="http://WWW.CONNECTIONNEWSPAPERS.COM/SUBSCRIBE">WWW.CONNECTIONNEWSPAPERS.COM/SUBSCRIBE</a>			

## That of Which I'm Most Proud



By KENNETH B. LOURIE

Not ending the title of this column with a preposition?

Not starting either of these sentences with a "so?"

Not beginning any of the first three sentences with an "especially" or an "and" (although I do begin many sentences with "And," just neither of these so far)?

No, of what I'm most proud, at least in the context of the nonsense I've presented so far, is my ability, going on a few months now, to ignore the illuminated warning lights on the dashboards of both of our cars: "Maint Req'd" on one and the low tire pressure icon on the other.

Typically, these kinds of non-stop reminders would have bothered me – like having an itch you can't scratch or a stone in your shoe.

Not anymore. These dashboard reminders barely register a blip on Kenny's radar.

I place the key in the ignition. I turn on the car. I see the various dashboard lights illuminate. And after the engine has begun idling, I see the remaining lights.

No problem. I just place my foot on the accelerator and go.

Though I might give these "idiot" lights a first thought and a second look, I will not be giving them too many more thoughts or looks as I drive around. Nor will they bother me in arrears when I arrive at my destination. Out of sight and out of mind, "totally," to quote my late mother.

As you may have discerned from reading the two preceding paragraphs, as it involves cars, I'm not exactly a hands-on person. More like, hands off.

Granted, this lack of interest and, dare I say, manliness, has no doubt cost me thousands of labor-rate dollars at the dealership/mechanic.

But it's just not me. It's never been me. I'm a sports and chocolate person. The only thing I want my hands on is the television remote or something sweet.

And tools? To quote your favorite Italian mobster: "Forget about it."

Definitely hands off, literally, especially if there's a car in the driveway. As far as I'm concerned, that's the danger zone. Nothing good will ever come from yours truly entering it.

In fact, I'm almost positive the repair will end up costing me more if I do it myself (which I couldn't do anyway). Throw in the frustration and perspiration involved and you have a match made nowhere near heaven.

Heaven will have to wait, I suppose.

Spending the repair dollars I have over the years doesn't thrill me either. But I have no choice. I can't do anything about my lack of abilities.

To quote the great philosopher, Popeye the Sailor Man: "I 'yam what I 'yam." And I have to pay what I have to pay. I remember always dreading the repair cost when a dashboard warning light would appear.

I knew that light (like the wedding invitation George received in a long-ago Seinfeld episode) was going to cost me hundreds of dollars. Hundreds of dollars which I did not have. That warning light, to invoke George from the same episode was "a bill." But as I've proved recently, that's a "bill" I've been able to ignore.

I know, ignoring a warning light seems stupid. Where's the future in that?

The repair is unlikely to fix itself and unless the bulb illuminating the warning light burns out, my negligence/ability to ignore it, is likely making a bad situation worse. Unfortunately – or not – however, I don't have a Pavlovian response to seeing that light. Seeing it doesn't make me instinctively react anymore.

It's not like banging one's knee with a "doctor's hammer." My wallet doesn't just open when the dashboard warns me. I just drive on.

Now if the light starts flashing, that's a different story, and one I haven't written yet, and I hope I never do. Because if that light does start flashing, I won't be able to ignore it, and likely, not be able to afford it, either.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

# If you're buying or selling a home, think of this as a defining moment.



Great Falls \$1,700,000



Great Falls \$1,050,000



Reston \$1,148,000



Great Falls \$1,140,000



Great Falls \$1,499,000



Great Falls \$1,288,000



Great Falls \$1,299,000



Great Falls \$1,395,000



Great Falls \$1,497,000



Great Falls \$3,699,000



McLean \$5,499,000

**Dianne Van Volkenburg** and her team of real estate agents and marketing specialists are unsurpassed in providing first-class service to buyers and sellers. In fact, Dianne and her team have one of the highest rates of repeat clients in all of Northern Virginia as former clients, families and friends trust them for their real estate needs.



**DIANNE  
JAN & DAN**  
LONG & FOSTER REAL ESTATE | CHRISTIE'S INTERNATIONAL REAL ESTATE  
9841 Georgetown Pike, Great Falls, VA 22066  
703-759-9190 • GreatFallsGreatHomes.com  
703-757-3222

For more information on these and our other available listings visit [greatfallsgreathomes.com](http://greatfallsgreathomes.com)